

1	Name of Syllabus	C. C. In Basic Course in Beauty Culture (405108)																																								
2	Max.Nos of Student	25 Students																																								
3	Duration	6 Month																																								
4	Type	Part Time																																								
5	Nos Of Days / Week	6 Days																																								
6	Nos Of Hours /Days	4 Hrs																																								
7	Space Required	Practical Lab = 200 Sq feet <u>Class Room = 200 Sq feet</u> TOTAL = 400 Sq feet																																								
8	Entry Qualification	10 th appeared																																								
9	Objective Of Syllabus/ introduction	To train student in beauty work																																								
10	Employment Opportunity	He can get employment in Beauty Establishment.																																								
11	Teacher’s Qualification	Diploma / Certificate in related course																																								
12	Training System	<table><tr><th colspan="3">Training System Per Week</th></tr><tr><td>Theory</td><td>Practical</td><td>Total</td></tr><tr><td>6 Hours</td><td>18 Hours</td><td>24 Hours</td></tr></table>						Training System Per Week			Theory	Practical	Total	6 Hours	18 Hours	24 Hours																										
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13	Exam. System	<table><tr><th>Sr. No.</th><th>Paper Code</th><th>Name of Subject</th><th>TH/PR</th><th>Hours</th><th>Max. Marks</th><th>Min. Marks</th></tr><tr><td>1</td><td>40510811</td><td>Beauty Culture</td><td>TH-I</td><td>3 hrs</td><td>100</td><td>35</td></tr><tr><td>2</td><td>40510821</td><td>Skin Care & Nail Treatment</td><td>PR-I</td><td>6 hrs</td><td>200</td><td>100</td></tr><tr><td>3</td><td>40510822</td><td>Epilating and Depilation of Hair Removal</td><td>PR-II</td><td>3 hrs</td><td>100</td><td>50</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td>400</td><td>185</td></tr></table>						Sr. No.	Paper Code	Name of Subject	TH/PR	Hours	Max. Marks	Min. Marks	1	40510811	Beauty Culture	TH-I	3 hrs	100	35	2	40510821	Skin Care & Nail Treatment	PR-I	6 hrs	200	100	3	40510822	Epilating and Depilation of Hair Removal	PR-II	3 hrs	100	50						400	185
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SYLLABUS – Basic Beauty Culture

THEORY – I Beauty Culture

1. Hygiene

Maintaining personal hygiene

Keeping salon hygienic

Working in hygienic conditions

2. Sanitation And Sterilization

Various methods of sanitation and sterilization

3. Client Consultation

Having conversation with clients

Understanding their requirements.

Suggesting correct services.

4. Contra Indications

Learning to be avoided skin conditions

Study of various skin problems like allergies, rashes, etc.

5. Advantages and disadvantages

Study of advantages and disadvantages of Facials, manicure, Pedicure, waxing, Threading, Bleaching.

6. uses of steam

Contra Indications

Vaporizers

Hot Towels

PRACTICAL – I SKIN CARE AND NAIL TREATMENT

1. Facial – Manual methods of Cleansing, Tanning,

a. Massage – Classification of massage movements, Contra indications.

b. Mask Therapy – Setting mask preparations and ingredients, non setting mask _ preparations and ingredients, contra indications

c. Manicure – caring for hands. Nail work – cleaning shaping cutting of nails and hand massage , Nail paint application , contra indications

2. Pedicure – Caring for Feet, Nail work, Foot Massage, nail paint application, dead skin removal, contra indications.

PRACTICAL – II EPILATION AND DEPILATION OF HAIR REMOVAL

3. Waxing - removing hair on hands, legs, under arms with wax,
Application of wax, pulling of strips.
4. Threading – Removing hair from eye brows, facial hair with help of thread.
5. Make up – uses of make up products
Foundations – liquid, stick, pan cake, translucent
Powder
Eye Make up – mixing of eye shadow colors, eye
Liner, mascara.
Lipsticks, simple make up sequence.
6. Bleaching – cream bleach, herbal bleach, mixing of hydrogen peroxide and activator
Application Techniques, taking Patch Test.
7. Home Care.
